

OCTOBER 2022

Shenandoah Preschool Breakfast Menu

Monday

3
Blueberry Muffin
String Cheese
Apple Slices
Milk

10
Pop Tart
Go-Gurt
Applesauce
Milk

17
Whole Grain Muffin
Go-Gurt
Mandarin Oranges
Milk

24
Chex Cereal
Peaches
Milk

31
Mini Pancakes
Fresh Strawberries
Milk

Tuesday

4
Egg & Cheese Breakfast Sandwich
Apple Juice
Milk

11
Breakfast Slider
Diced Pears
Milk

18
Biscuits & Gravy
Apple Slices
Milk

25
French Toast
Sausage Links
Applesauce
Milk

Wednesday

5
Kix Cereal
Banana
Milk

12
Breakfast Pizza
Mixed Berries
Milk

19
Straw. Banana Oatmeal Bake
Orange Juice
Milk

26
Pop Tart
Mixed Berries
Milk

Thursday

6
French Toast Sticks
Bacon
Orange Slices
Milk

13
Mini Pancakes
Banana
Milk

20
Hashbrown Egg Bake
Toast w/Jelly
Fresh Strawberries
Milk

27
NO
SCHOOL

Friday

7
Mini Donuts
Fresh Blueberries
Milk

14
Chex Cereal
Peaches
Milk

21
Cinnamon Roll
Trix Yogurt
Fresh Fruit
Milk

28
NO
SCHOOL

Breakfast is FREE for ALL students

